



Mixed models in cerebral ischemia study

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ABSTRACT. The data modeling from longitudinal studies stands out in the current scientific scenario, especially in the areas of health and biological sciences, which induces a correlation between measurements for the same observed unit. Thus, the modeling of the intra-individual dependency is required through the choice of a covariance structure that is able to receive and accommodate the sample variability. However, the lack of methodology for correlated data analysis may result in an increased occurrence of type I or type II errors and underestimate/overestimate the standard errors of the model estimates. In the present study, a Gaussian mixed model was adopted for the variable response latency of an experiment investigating the memory deficits in animals subjected to cerebral ischemia when treated with fish oil (FO). The model parameters estimation was based on maximum likelihood methods. Based on the restricted likelihood ratio test and information criteria, the autoregressive covariance matrix was adopted for errors. The diagnostic analyses for the model were satisfactory, since basic assumptions and results obtained corroborate with biological evidence; that is, the effectiveness of the FO treatment to alleviate the cognitive effects caused by cerebral ischemia was found.

Keywords: longitudinal data, random effect, covariance structure, latency, fish oil.

Modelos mistos em estudo de isquemia cerebral

RESUMO. A modelagem de dados provenientes de estudos longitudinais destaca-se no cenário científico atual, principalmente nas áreas da saúde e ciências biológicas, o que induz a uma correlação entre as medidas para uma mesma unidade observada. Assim, é necessária a modelagem da dependência intra-indivíduo por meio da escolha de uma estrutura de covariância que seja capaz de captar e acomodar a variabilidade amostral. Contudo, o desconhecimento da metodologia para análise de dados correlacionados pode implicar no aumento da ocorrência do erro tipo I ou erro tipo II e subestimar/superestimar os erros-padrão das estimativas do modelo. Neste estudo, adotou-se um modelo misto gaussiano para variável resposta latência de um experimento que investiga o déficit de memória em animais submetidos à isquemia cerebral quando tratados com óleo de peixe (OP). A estimação dos parâmetros do modelo baseou-se em métodos de máxima verossimilhança. Com base no teste da razão de verossimilhança restrita e critérios de informação, adotou-se para os erros a matriz de covariância autorregressiva. As análises de diagnóstico para o modelo foram satisfatórias, visto que suposições básicas e resultados obtidos corroboraram com as evidências biológicas, isto é, constatou-se a eficácia do tratamento com OP para amenizar os efeitos cognitivos provocados pela isquemia cerebral.

Palavras-chave: dados longitudinais, efeito aleatório, estrutura de covariância, latência, óleo de peixe.

Introduction

In the past few years, there have been an increasing number of experiments in the areas of health and biological sciences, where the response variables are analyzed over time for the same experimental unit in order to check, for example, the performance of alternative treatments that could come to be used in healing patients with some kind of disease. Pharmacological studies with these characteristics were done by Ferreira et al. (2014) and Bacarin et al. (2015) wherein the authors longitudinally evaluated (memory tests) the

cognitive performance of animal groups submitted to cerebral ischemia and control groups with treatments of different durations, in the same way as when treated with different medications. Studies with such characteristics belong to the category of repeated measurements, in which one or more response variables are assessed repeatedly in the same unit.

A special case of repeated measures studies is the longitudinal studies. The measurements are performed under different evaluation conditions and they are arranged over time, respecting an analysis

order. When thus characterized, the data presents a hierarchical structure, where the observations for same individual have a dependency structure. This requires the modeling of a covariance structure to capture and accommodate the variability of the longitudinal data. One way to consider this dependence on modeling data is to use linear models with the assumption of correlated errors when using a correlation matrix to accommodate individual variation. Alternatively, the data can be modeled including a random effect in the model. In this case, there is a model with fixed and random effects, which is called mixed model, whose focus is to accommodate the correlation between repeated measurements and evaluate individual and collective behavior (of groups) over time. This is a class of quite flexible models, since they offer greater versatility in modeling the data covariance structure to settle variations within and between individuals. In general, they investigate and simultaneously accommodate the random effect and the correlation structure of repeated measurements.

For these models it is common to consider the response variable following a normal distribution (when it is the best choice to model the biological characteristic), since this approach is theoretically consolidated from the formulation, adjustment methods and diagnostic analysis (residual analysis and influence), as observed in Diggle, Heagerty, Liang, and Zeger (2002), Fitzmaurice, Laird, and Ware (2004), Nobre and Singer (2007), Nobre and Singer (2011) with availability of use in applications such as R and SAS as verified in Pinheiro and Bates (2000) and Littell, Stroup, Wolfinger, and Schabenberger (2006).

The main scope of this article is to use the methodology of Gaussian mixed models (GMM) to model the response variable *latency* (*lat* - time taken by the animal to find the real hiding place) of a pharmacological experiment that aims at evaluating the effect of fish oil (FO) to the treatment on animals submitted to cerebral ischemia, checking if treated animals showed improvement in their clinical condition (amnesia) in relation to the animals that were not treated with FO.

Material and methods

Material

The data used in this article are a result of an experiment performed in the Cerebral Ischemia and Neuroprotection Laboratory of Maringá State University during the second semester of 2014. The

aim of this study is to evaluate how the antiamnesic effectiveness of FO (300 mg kg⁻¹) varies over time according to the time that the treatment started after ischemia (known as the therapeutic window, TW), i.e. 4, 8, or 12 hours.

The experiments were carried out following an entirely randomized design, with seven treatments (groups) and five repeated longitudinal measures (testing days). According to treatment regimen, the following groups were tested: Sham-operated (n = 15), Vehicle 4 hours TW (Veh₄, n = 10), FO 4 hours TW (FO₄, n = 16), Vehicle 8 hours TW (Veh₈, n = 10), FO 8 hours TW (FO₈, n = 13), Vehicle 12 hours TW (Veh₁₂, n = 10), and FO 12 hours TW (FO₁₂, n = 13). The sham-operated animals were subjected to all experimental manipulations, including surgery, except that they did not have cerebral ischemia nor received vehicle or FO administration. The vehicle and FO groups underwent cerebral ischemia and were treated with olive oil or FO, respectively, according the different therapeutic time window (4, 8 or 12 hours).

Intact rats were trained in the aversive radial maze task (ARM) (Paganelli et al., 2004) for 10 consecutive days, and allocated to different groups. One or two days after training, they were submitted to cerebral ischemia; then the treatment with FO or Veh started at 4, 8 or 12 hours post-ischemia and continued for 7 days consecutively. On the 15th day of ischemia, the animals begun to be evaluated for their ability to remember the task that was learned preoperatively, i.e. retrograde memory. The memory tests (MT) were applied once a week, for 5 weeks. The ability of rats to learn the shelter location across sessions (days) and trials was measured by response variable *Latency*, as well by other variables not discussed. This response expresses the time spent (seconds) by the animal to find the hiding place during each attempt. For each animal, and in each testing day (session), the recorded latency was the arithmetic mean of three attempts (trials). The operational procedures for ischemia induction followed the 'Basic principles for animal use', as approved by the Ethics Committee on Animal Experiments of the Maringá State University.

Methods

Gaussian mixed models (GMM)

The GMM are used in the context of health when it is desired to evaluate the behavior of experimental units and treatment groups observed over time. In the field of brain ischemia, many studies have utilized mixed models to evaluate data.

For instance, Liu et al. (2007) used a mixed model regression to quantitate the longitudinal effect of minocycline on the recovery of learning and memory function measured in the water maze task after inducing focal cerebral ischemia in rats, an effect that was associated with increased neurogenesis and reduced activation of microglia. Sussman et al. (2012) evaluated the longitudinal effects of hypoxia/ischemia on the cerebral blood flow hemodynamic. Dhungana et al. (2013) adopted mixed models to examine whether advanced age aggravates ischemic brain damage in mice with chronic peripheral infection. Further, a mixed model with a random effect on the experimental unit was used by Heikkinen et al. (2014) to evaluate the susceptibility to neural loss after global or local cerebral ischemia in a mice model of Alzheimer's disease. Overall, these studies indicate the importance of using mixed models to evaluate experimental data related to the long-term outcomes of cerebral ischemia.

According to West, Welch, and Galecki (2014) a mixed model is a parametric linear model for data in clusters, repeated measurements and longitudinal data, which quantifies the relationship between a dependent variable and several linear predictors, containing fixed and random effects. Using these models, it is possible to correct the distortions that appears when regression models with independent responses are used to analyze correlated data.

The general form of a mixed model is given by Equation 1:

$$\mathbf{Y}_i = \mathbf{X}_i\boldsymbol{\beta} + \mathbf{Z}_i\mathbf{b}_i + \boldsymbol{\epsilon}_i, \quad (1)$$

where:

\mathbf{Y}_i is the response vector for the i th subject;
 \mathbf{X}_i is a design matrix of fixed effects, which represents known values of p covariates;
 $\boldsymbol{\beta}$ is a vector of unknown parameters, linked to the fixed effects; \mathbf{Z}_i is a design matrix of random effects, which represents known values of q covariates;
 \mathbf{b}_i is a vector of random effects and $\boldsymbol{\epsilon}_i$ is a vector of assumed independent random errors between them. It is assumed that $\mathbf{b}_i \sim N_q(0, G)$ and $\boldsymbol{\epsilon}_i \sim N_{n_i}(0, \mathbf{R}_i)$, which follow a multivariate normal distribution with mean vector 0 and matrixes (symmetric) of variance and covariance G and \mathbf{R}_i respectively, with \mathbf{b}_i and $\boldsymbol{\epsilon}_i$ independent of each other.

According to Laird and Waire (1982), marginally the \mathbf{Y}_i is independent and follows a multivariate normal distribution with mean $\mathbf{X}_i\boldsymbol{\beta}$ and variance and covariance matrixes, according as Equation 2:

$$\mathbf{V}_i = \mathbf{Z}_i\mathbf{G}\mathbf{Z}_i' + \mathbf{R}_i \quad (2)$$

where:

\mathbf{V}_i is the i th block of \mathbf{V} diagonal matrix, whose elements are called variance components, which compose the vector $\boldsymbol{\theta}$. Alternatively it is written as Equation 3:

$$\mathbf{Y}_i \sim N(\mathbf{X}_i\boldsymbol{\beta}, \mathbf{V}_i) \quad (3)$$

To analyze the experimental data presented initially, a GMM with a random effect on the intercept and inclination is specified, on the assumption that the probability distribution of the latency variable response is approximately normal.

The mixed model initially proposed is given by Equation 4:

$$y_{ijk} = (\beta_0 + b_{i0}) + (\beta_1 + b_{i1})t_{ik} + \alpha_j + \gamma(\alpha_j t_{ik}) + \epsilon_{ijk} \quad (4)$$

where:

y_{ijk} is the latency to the i th animal, $i = 1, \dots, 85$, of the j th, $j = 1, 2, 3, 4, 5, 6, 7$ treatment observed in the k th MT, $k = 1, 2, 3, 4, 5$; β_0 is the parameter associated with the intercept (general average); α_j is the effect of the j th treatment; $t_{ik} = 1, 2, 3, 4, 5$ is the k th memory test measured as a continuous variable; γ is the interaction parameter for the j th treatment with the k th day of MT; b_{i0} and b_{i1} are the random effects in the intercept and individual inclination; ϵ_{ijk} is the random error. In the above model, it is assumed that G is a second-order matrix where the main diagonal is the variances associated with random effects ($\sigma_{b_{0i}}^2$ and $\sigma_{b_{1i}}^2$) and the secondary diagonal is the covariance ($\sigma_{b_{0i}b_{1i}}$), \mathbf{R}_i is a fifth-order, symmetric, positive-definite matrix.

Covariance structures

Several covariance structures are found in the literature, where the G and \mathbf{R}_i matrices can be assumed. Accordingly, the Variance Components (VC), Compound Symmetry (CS), First-Order Autoregressive [AR (1)], and Unstructured (UN) matrices are most often used. In the VC structure, it is assumed that the variance is constant at n_i separate occasions. The CS structure assumes that variances and covariances are homogeneous. For the AR (1) structure, the variances are homogeneous and the covariances decrease exponentially as the interval of time increases. For the UN structure, all variances and covariances are uneven. Other covariance structures are presented by Fitzmaurice et al. (2004) among others.

Parameters estimation

Generally, the methods used to estimate the parameters of the mixed models are based on the theory of Maximum Likelihood, i.e., the methods of Maximum Likelihood (ML) and Restricted Maximum Likelihood (REML). The ML method tends to be biased for the components variance estimates. A way to solve this problem is to use the REML method, which corrects the bias of these estimates, as it takes into account the loss of the degrees of freedom of the fixed effect parameters estimation (Perri & Iemma, 1999).

Selection models

The most common ways of model selection rely on the Likelihood Ratio Test (LRT), the Akaike Information Criterion (AIC) and Bayesian Schwarz Criterion (BIC), which will be used in this study because they are consolidated theoretically and computationally. To compare models with different nested covariance structures, the Restricted Likelihood Ratio Test (RLRT) is used, as well as the BIC Criterion, since it penalizes models with a larger number of parameters. In this case, the RLRT statistics follow a χ^2_{df} distribution asymptotically, where the degrees of freedom (*df*) are equal to the difference between the number of parameters of the covariance structures. When it is desired to test the inclusion of random effects in the model, the asymptotic distribution of RLRT will be a mixture of the χ^2 distributions with q and $q + 1$ *df*, each one weighting 0.5 with q and $q + 1$ representing the number of random effects of each model (Self & Liang, 1987; Verbeke & Molenberghs, 2000).

The test *F-Snedecor* and *contrasts* was used to check which fixed effects were significant and comparisons between treatments, respectively (Littel, Stroup, Wolfinger, & Schabenberger, 2006). All hypotheses were tested with a significance level of 5%.

Diagnostic analysis

Through diagnostic analysis, it is possible to verify the suitability of the adjusted model. This is an important step, as it helps to verify the adequacy of assumptions and allows the detection of extreme observations that may affect results. It is possible to divide this stage in residual and influence analysis.

By residual analysis, it is verified if the adjusted model is adequate, that is, it checks if the independence assumptions, homoscedasticity and normality are satisfied. According to Nobre and Singer (2007), for mixed models, the most common residuals are marginal, conditional and from random effects.

With marginal residuals it is possible to detect to which units the matrix adopted variance and covariance within-subject is adequate. In this case, a graph of the observed units *versus* a standardized measure of *Lesaffre - Verbeke* is built (Lesaffre & Verbeke, 1998; Nobre & Singer, 2007). Units outside the established limits imply that the covariance structure was inadequate.

To verify the homoscedasticity assumption, a graph of the predicted values *versus* standardized conditional residuals (SCR) must be used where a random behavior around zero is expected. By a QQ plot graph verifies the normality assumption for minimal residual confounding, which minimizes SCR confounding in verification of the assumption of normality (Nobre & Singer, 2007). The presence of outlier units is checked through the random effects residuals. According to Nobre and Singer (2007), a graph of observed units *versus* Standardized *Mahalanobis Distance* should be used. Measurements falling outside the established limits are considered outliers.

Influential points are interpreted as those that, once present, can change important aspects of the adjustment of the models. The basis of influence analysis is associated with the diagnosis of a particular observation (or subset of observations) for quantifying the effect of these data set observation omissions on the analysis results of the entire data set. Among the most common ways to evaluate the influence of observations that affect the model parameters estimates disproportionately, it is possible to highlight the omission/removal of observations/measurements. Omitting observations with these of data set characteristics, the positive and negative effects caused by their absence are evaluated. This technique was first carried out by Cook (1977) and explored by several authors since then.

According to Nobre and Singer (2007), for mixed models, Cook's distance is given by Equation 5:

$$D_I = \frac{(\hat{\mathbf{Y}} - \hat{\mathbf{Y}}_I) \mathbf{V}^{-1} (\hat{\mathbf{Y}} - \hat{\mathbf{Y}}_I)}{c}, \quad (5)$$

where:

I is the set of observations omitted from the data set, $\hat{\mathbf{Y}}$ and $\hat{\mathbf{Y}}_I$ indicate that the estimates of the model were obtained from the complete data set, and from the reduced data set without the observations indexed by I , respectively; \mathbf{V}^{-1} is the inverse of the variance and covariance matrix and c is the scale parameter. Clearly I can be composed of a set of

influential observations for each experimental unit, as well as all observations for each identified sampling unit. To identify influential observations, a graph of observed units *versus* Cook's distance should be used. Points identified outside of the established limits are influential candidates.

By omitting one observation or set of observations of data set, it is possible to verify the accuracy of the parameter estimates of β and θ using the covariance ratio (*CovRatio*). In this case, the determinants of the covariance matrices of the reduced data set are compared with the covariance matrices of the full data set. The expression to calculate this measure for β and θ is given by Equation 6:

$$\begin{aligned} \text{CovRatio}(\beta) &= \frac{\det[\text{Var}(\hat{\beta}_1)]}{\det[\text{Var}(\hat{\beta})]} \text{ and} \\ \text{CovRatio}(\theta) &= \frac{\det[\text{Var}(\hat{\theta}_1)]}{\det[\text{Var}(\hat{\theta})]}, \end{aligned} \quad (6)$$

where:

$\text{Var}(\hat{\beta}) = (X'V^{-1}X)^{-1}$. For the components of variance,

the variance matrix used here is the inverse matrix of second derivatives, known as the Hessian matrix. A ratio higher than one indicates greater precision in estimates with complete data, while a *CovRatio* less than one implies greater precision considering the reduced data. To investigate the influence, a graph of experimental units *versus* their respective *CovRatio* is visually built.

More details about diagnostic analysis for mixed models are presented by Nobre and Singer (2007), Nobre and Singer (2011).

Results were generated using the software R (R Core Team, 2015) with use of the nlme package (Pinheiro, Bates, Debroy, & Sarkar, 2014) and SAS version 9.4 (Statistical Analysis System [SAS], 2015) with use of the mixed procedure.

Results and discussion

Figure 1 shows the average latency of the groups subjected to sham-operation (Sham), ischemia + FO (FO), or ischemia + vehicle (Veh), when the FO and vehicle administration started at 4 (left, FO₄), 8 (middle, FO₈), or 12 hours (right, FO₁₂) after ischemia. It is observed that as the MT are applied, the animals of the FO group, regardless of the time window of treatment, take less time to find the actual hiding place as compared with the Veh (4, 8 and 12 hours) groups. This memory-protective effect of FO was apparently robust in the 4 hours TW group, given that latency was reduced to the

level of the sham group throughout the various test days. When the treatment started at 8 or 12 hours post-ischemia, the latency was also reduced, but not so robustly as in the 4-h TW group, suggesting that the anti-amnesic effect of FO was more effective the earlier the treatment started, which suggests the occurrence of a time effect (days of test) for the FO group.

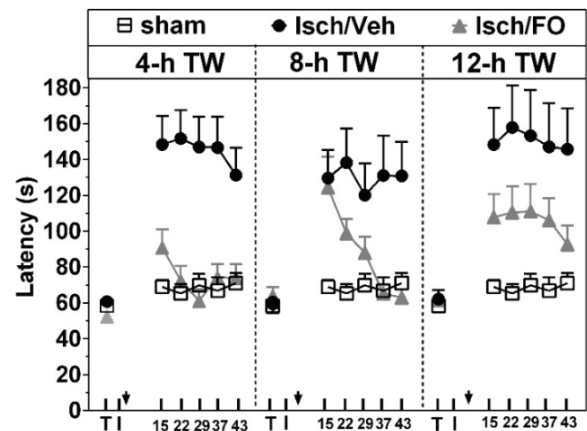


Figure 1. Average profiles for latency variable response in treatment started 4, 8 and 12 hours post-ischemia regarding different treatments.

Considering descriptive analysis of the data, average and standard deviation respectively, the latency of FO₄ group (90.92 – 72.44 s; 72.44 – 33.90 s, 61.11 – 26.29 s; 74.32 – 28.80 s; 73.73 – 31.77 s) was inferior to Veh₄ group (148.36 – 50.40 s; 151.70 – 49.95 s; 146.89 – 53.55 s; 146.67 – 54.03 s; 131.23 – 48.26 s), independent of the memory testing day. This suggests that FO-treated animals took less time to learn the shelter location. The FO₈ and FO₁₂ groups exhibited similar, but less intense performance.

Taking into account the general model (4), model 1, two other models were evaluated: model 2, which only has an effect on the random intercept, and model 3 with a random effect only in the inclination, to verify the need to keep these random effects in the model. Through the RLRT it is concluded that there is sampling evidence to reject the null hypothesis in both cases ($p < 0.05$), meaning that both the random effect in the intercept and the individual inclination should be maintained. A model without interaction between treatments and time, M_4 , was compared with the model M_1 . The results of the comparisons ($AIC_{M_1} = 4289.85$ and $AIC_{M_4} = 4287.25$) indicate it should maintain interaction in the model. When observing both settings, the more coherent biological results were obtained with the model without the interaction, and thus, it was adopted.

and 5th day of MT, respectively. Since most of the observations occurred on the first MT, when the rats returned to the ARM task 15 days after ischemia, those observations might explain the possible influence.

When these observations were suppressed of data set, the main influences were now closer to the parameter estimates related to FO₄ and FO₈ treatment regimens. Such exclusion implied a decrease of approximately 34% of each estimation. On the other hand, these were not changed significantly when compared to the original estimates. For the remaining estimates, the reduction was in a smaller proportion. For the influence over variance components, the highest reduction was in relation to the estimate $\sigma_{b_{0i}}^2$, approximately 34.71%. Based on these results, the influence of the detected observations is evident. Considering that such observations are influential points, the decisions obtained from the complete data set were not changed after adjusting the model for the suppression of those observations. Since the performance of each animal is intrinsic to their biological nature, these observations must stay in the data set.

The GMM met the experiment goals, since the statistical results corroborate the biological evidence. It was observed that the group given vehicle at 4, 8 and 12 hours post-ischemia showed higher latencies when compared to Sham (Table 1), indicating that the animals in this group forgot the task performed during the pre-ischemia training phase. The memory deficit was significantly reduced by treatment with FO, an effect that was robust when the treatment started at 4 hours post-ischemia (FO₄ vs Veh₄ $t = -5.04$ $p < 0.05$). Significant but less robust antiamnesic effect also occurred, however, in the FO₈ and FO₁₂ groups (FO₈ vs Veh₈ $t = -2.88$; FO₁₂ vs Veh₁₂ $t = -2.97$; $p < 0.05$) implying that the memory was only partially restored as the treatment initiation delayed from 4 to 12 hours post-ischemia. Likewise, animals treated with FO₄ and FO₈ were able to remember the tasks performed before the intervention (FO₄ vs Sham $t = 0.59$; FO₈ vs Sham $t = 1.60$; $p > 0.05$). Although the performance of animals treated with FO₁₂ was better than that of that of the Veh₁₂ group, a moderate memory deficit persisted throughout the experiment (FO₁₂ vs Sham $t = 2.84$; $p < 0.05$).

Conclusion

The modeling of the data by a Gaussian mixed model proved to be appropriate to evaluate the

latency response variable. The diagnostic analyzes for the model were satisfactory, since basic assumptions were checked. It was found that the UN and AR (1) covariance structures accommodated the dependence and the variability of the data appropriately, both within and between individuals. Using this methodology, we demonstrated that FO was effective in alleviating the memory deficit when the treatment initiated at 4 or 8 hours post-ischemia. However, the effectiveness was reduced when treatment initiated at 12 hours post-ischemia, indicating that the faster the treatment begins, the better the antiamnesic effectiveness of FO.

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