



# Theoretical framework for DOUBLE-DOUBLE composite plates under bending loads

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**ABSTRACT.** This paper provides an insightful comparative analysis of laminated composite plates, focusing on two main stacking sequence groups: the traditional QUAD and the more recent DOUBLE-DOUBLE (DD) proposed by Professor Stephen Tsai. The investigation thoroughly explores the extensional, coupling, and bending stiffness matrices of each group, analyzing their implications for the bending behavior of laminated composite plates according to Kirchhoff's Laminate Theory under cylindrical bending conditions. The study highlights that, under this theory, increasing the repetitions of the 4-layer sub-laminates  $[\pm\Phi/\pm\psi]$  leads to a much greater increase in bending than in coupling stiffness, and simultaneously promotes a decrease in extension-bending ( $A_{16}$ ,  $A_{26}$ ) and bending-torsion ( $D_{16}$ ,  $D_{26}$ ) components. The finite element simulations indicate that, as the number of repetitions increases from two to eight, the reduction in out-of-plane displacement exceeds that of the corresponding QUAD configuration, making the DD configuration a promising option. Moreover, the choice of angles significantly influences the overall bending behavior, particularly affecting three key components of the bending stiffness matrix:  $D_{11}$ ,  $D_{16}$ , and  $D_{26}$ . Among the configurations examined, the  $[\pm 0/\pm 50]_8$  configuration emerges as the optimal DD configuration for bending applications. This specific angle combination for the  $[\pm 0/\pm 50]$  sub-laminate yields high values of  $D_{11}$  and near-zero values for  $D_{16}$  and  $D_{26}$ , enhancing bending stiffness while minimizing coupling twist-bending. In conclusion, the findings suggest that DD configurations offer a valuable option for applications involving thick composite bending.

**Keywords:** Double-double; QUAD; Kirchhoff's laminate theory; numerical simulations.

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## Introduction

Since the 1960 s, when the aeronautical industry began using composite materials, the QUAD stacking sequence has been continuously employed (Vermes et al., 2021a). QUAD laminates utilize  $0^\circ$ ,  $\pm 45^\circ$ , and  $90^\circ$  angular layer orientations, with symmetry conditions and adherence to the 10 percent rule (Hart-Smith, 2004). The 10 percent rule, proposed by Hart-Smith, offers a simplified method for determining the stiffness and mechanical strength of laminated composites. It suggests that the stiffness of the  $\pm 45^\circ$  and  $90^\circ$  layers should be considered as 10% of the stiffness and/or strength of the  $0^\circ$  layers. The various permutations of these three basic orientations, along with the straightforward calculation method and the satisfactory results obtained, have led the composites industry to adopt the QUAD configuration as a standard.

Recently, Professor Stephen Tsai introduced a new stacking sequence, based on the continuous repetition of a 4-layer sub-laminate in the form of  $[\pm\Phi/\pm\psi]$ , termed double-double (DD) (Tsai, 2021). The proposed DD configuration is grounded in the principle of Tsai's modulus, which is an invariant quantity (Arteiro et al., 2020). According to Vermes et al., the DD configuration offers several advantages over the traditional QUAD configuration (Vermes et al., 2021b). One such advantage is ease of manufacturing, as simply repeating the sub-laminate is much faster, potentially reducing production costs. Additionally, Wang et al. (2023) note that, besides ease of manufacturing, the DD configuration can yield lighter-weight laminates with equivalent stiffness and mechanical strength compared to the QUAD configuration. However, Zhao et al. (2023) suggest that utilizing the DD configuration results in an unsymmetrical laminate. It is important to note that in an unsymmetrical laminate, consideration of the coupling matrix is necessary to prevent warping (Patton et al.,

2021). The issue of extension-flexion-torsion coupling can be addressed by increasing the number of sub-laminate repetitions, thereby reducing the coupling matrix [B] to values approaching zero (Shrivastava et al., 2020).

Studies by Vermes et al. (2021b) and Zhang et al. (2022) demonstrate that the DD configuration yields similar outcomes to QUAD configurations for open-hole laminate problems under tensile (OHT) and compressive (OHC) stresses. However, the behavior of stress and strain fields in DD laminates under bending remains an open question.

This paper aims to examine the effects of various DD configurations compared to QUAD configurations on the stiffness matrices for extension, coupling, and bending under the Classical Laminated Plate Theory (CLPT) point of view. Additionally, it seeks to explore how stacking sequences influence the stress and strain fields of laminated beams subjected to bending loads. To accomplish the primary objective of this research, MATLAB was employed as the primary tool.

## Materials and methods

In this study, certain fundamental conditions for computational modeling are taken into account. Unlike the approach adopted by Carley et al. (2013), the interactions between the interfaces of the layers are neglected, implying an assumption of perfect interface conditions. This condition also presupposes the absence of porosity (Ávila & Morais, 2009). Given that the objective of this work is to ‘map’ the distribution of stress and strain fields in laminated composite plates, the analysis will be confined to the elastic region (Ávila & Tamma, 1998).

The comparative analysis of the stiffness matrices relies on Kirchhoff’s Laminate Theory (Maji & Mahato, 2022). The stress-strain relationships for each  $m^{\text{th}}$  layer of the laminate are delineated in (Equation 1).

$$\begin{bmatrix} \sigma_x \\ \sigma_y \\ \tau_{xy} \end{bmatrix}_m = \begin{bmatrix} \bar{Q}_{11} & \bar{Q}_{12} & \bar{Q}_{16} \\ \bar{Q}_{12} & \bar{Q}_{22} & \bar{Q}_{26} \\ \bar{Q}_{16} & \bar{Q}_{26} & \bar{Q}_{66} \end{bmatrix}_m \begin{bmatrix} \varepsilon_x^o & \kappa_x \\ \varepsilon_y^o & \kappa_y \\ \gamma_{xy}^o & \kappa_{xy} \end{bmatrix}_m \quad (1)$$

Indeed, in accordance with Kirchhoff’s theory, the stress vector is represented by two normal stresses ( $\sigma_x$  and  $\sigma_y$ ) and a shear stress ( $\tau_{xy}$ ). The reduced stiffness matrix ( $\bar{Q}_{ij}$ ) follows the procedure outlined by other authors (Paixão & Ávila, 2023). The total deformation can be partitioned into the vector of deformations in the median plane ( $\varepsilon_x^o, \varepsilon_y^o, \gamma_{xy}^o$ ) and the curvature vector ( $\kappa_x, \kappa_y, \kappa_{xy}$ ) (Sheikhi et al., 2024).

The constitutive relations for laminates remain independent of their configuration, whether QUAD or DD. (Equations 2) and (Equations 3) delineate the forces and moments acting on the laminate as a function of the reduced stiffness matrix and the total deformation (Yu, 2024).

$$\begin{bmatrix} N_x \\ N_y \\ N_{xy} \end{bmatrix} = \sum_{m=1}^n \begin{bmatrix} \bar{Q}_{11} & \bar{Q}_{12} & \bar{Q}_{16} \\ \bar{Q}_{12} & \bar{Q}_{22} & \bar{Q}_{26} \\ \bar{Q}_{16} & \bar{Q}_{26} & \bar{Q}_{66} \end{bmatrix}_m \left[ \int_{z_{m-1}}^{z_m} \begin{bmatrix} \varepsilon_x^o \\ \varepsilon_y^o \\ \gamma_{xy}^o \end{bmatrix} dz + \int_{z_{m-1}}^{z_m} \begin{bmatrix} \kappa_x \\ \kappa_y \\ \kappa_{xy} \end{bmatrix} z dz \right] \quad (2)$$

$$\begin{bmatrix} M_x \\ M_y \\ M_{xy} \end{bmatrix} = \sum_{m=1}^n \begin{bmatrix} \bar{Q}_{11} & \bar{Q}_{12} & \bar{Q}_{16} \\ \bar{Q}_{12} & \bar{Q}_{22} & \bar{Q}_{26} \\ \bar{Q}_{16} & \bar{Q}_{26} & \bar{Q}_{66} \end{bmatrix}_m \left[ \int_{z_{m-1}}^{z_m} \begin{bmatrix} \varepsilon_x^o \\ \varepsilon_y^o \\ \gamma_{xy}^o \end{bmatrix} z dz + \int_{z_{m-1}}^{z_m} \begin{bmatrix} \kappa_x \\ \kappa_y \\ \kappa_{xy} \end{bmatrix} z^2 dz \right] \quad (3)$$

The explicit forms of (Equation 2) and (Equation 3) can be written as:

$$\begin{bmatrix} N_x \\ N_y \\ N_{xy} \end{bmatrix} = \begin{bmatrix} A_{11} & A_{12} & A_{16} \\ A_{12} & A_{22} & A_{26} \\ A_{16} & A_{26} & A_{66} \end{bmatrix} \begin{bmatrix} \varepsilon_x^o \\ \varepsilon_y^o \\ \gamma_{xy}^o \end{bmatrix} + \begin{bmatrix} B_{11} & B_{12} & B_{16} \\ B_{12} & B_{22} & B_{26} \\ B_{16} & B_{26} & B_{66} \end{bmatrix} \begin{bmatrix} \kappa_x \\ \kappa_y \\ \kappa_{xy} \end{bmatrix} \quad (4)$$

$$\begin{bmatrix} M_x \\ M_y \\ M_{xy} \end{bmatrix} = \begin{bmatrix} B_{11} & B_{12} & B_{16} \\ B_{12} & B_{22} & B_{26} \\ B_{16} & B_{26} & B_{66} \end{bmatrix} \begin{bmatrix} \varepsilon_x^o \\ \varepsilon_y^o \\ \gamma_{xy}^o \end{bmatrix} + \begin{bmatrix} D_{11} & D_{12} & D_{16} \\ D_{12} & D_{22} & D_{26} \\ D_{16} & D_{26} & D_{66} \end{bmatrix} \begin{bmatrix} \kappa_x \\ \kappa_y \\ \kappa_{xy} \end{bmatrix} \quad (5)$$

where [A] represents the extensional stiffness matrix, [B] characterizes the coupling stiffness matrix, while [D] describes the bending stiffness matrix, and N and M represent the forces and moments per unit length.

The mathematical expressions for calculating each of the stiffness matrices (Mantzaroudis & Stamatelos, 2020) are reproduced in (Equation 6), (Equation 7), and (Equation 8).

$$A_{ij} = \sum_{m=1}^n (\bar{Q}_{ij})_m (z_m - z_{m-1}) \quad (6)$$

$$B_{ij} = \frac{1}{2} \sum_{m=1}^n (\bar{Q}_{ij})_m (z_m^2 - z_{m-1}^2) \quad (7)$$

$$D_{ij} = \frac{1}{3} \sum_{m=1}^n (\bar{Q}_{ij})_m (z_m^3 - z_{m-1}^3) \quad (8)$$

The equilibrium (Equation 9), (Equation 10) for composite plates can be described using the following expressions (Kollar & Springer, 2003):

$$\frac{\partial N_x}{\partial x} + \frac{\partial N_{xy}}{\partial y} = -p_x, \frac{\partial N_y}{\partial y} + \frac{\partial N_{xy}}{\partial x} = -p_y, \frac{\partial V_x}{\partial x} + \frac{\partial V_y}{\partial y} = -p_z \quad (9)$$

$$V_x = \frac{\partial M_x}{\partial x} + \frac{\partial M_{xy}}{\partial y}, V_y = \frac{\partial M_y}{\partial y} + \frac{\partial M_{xy}}{\partial x} \quad (10)$$

Indeed, in the given study,  $p_x$ ,  $p_y$ , and  $p_z$  represent the components of the load distributed on the surface per unit area.  $N_x$ ,  $N_y$ , and  $N_{xy}$  denote the in-plane forces per unit length, while  $V_x$  and  $V_y$  represent the transverse shear forces per unit length.

The analysis undertaken considers the deflection condition of rectangular composite plates subjected to pure bending and loads acting in the plane. It is feasible to compute the deflection if the curvatures are known, simply by solving (Equation 4) and (Equation 5).

The equation that 'maps' the deflection ( $w$ ) in a rectangular composite plate can be described as a function of the curvatures:

$$w = \frac{-\kappa_x}{2} x^2 - \frac{\kappa_y}{2} y^2 - \frac{\kappa_{xy}}{2} xy \quad (11)$$

Since this study assumes the long plate condition, the cylindrical bending condition in the  $x$  direction can be adopted. It is crucial to note that, in this study, the long plate cylindrical bending condition implies the zero curvature condition for  $\kappa_y$  and  $\kappa_{xy}$ , and all derivatives with respect to the  $y$ -axis are equal to zero (Kollar & Springer, 2003). This condition implies that away from the shorter sides, the forces and moments do not vary along the length of the plate. Consequently, it is possible to rewrite (Equation 9) and (Equation 10) as:

$$\frac{dV_x}{dx} + p_z = 0, \quad (12)$$

$$\frac{dM_x}{dx} - V_x = 0 \quad (13)$$

As the load  $p_z$  is perpendicular to the surface, it is possible to replace  $p_z$  with  $p$  in (Equation 12), and replacing  $V_x$  from (Equation 13) into (Equation 12) gives,

$$\frac{d^2 M_x}{dx^2} + p = 0 \quad (14)$$

It is worth noting that (Equation 14) represents equilibrium, and it is independent of the material. For a symmetrical laminate ( $[B]=0$ ), such as in the case of QUADs, (Equation 5) is described as:

$$M_x = D_{11} \kappa_x \quad (15)$$

By replacing (Equation 15) with (Equation 14) and considering the definition of curvature ( $\kappa_x$ ), it is possible to establish an equation similar to that describing the displacement of an isotropic beam with transverse loading. Consequently, the equilibrium equation of a long plate for a symmetrical composite with QUAD-type laminates can be expressed as:

$$\frac{d^4 w}{dx^4} - \frac{p}{D_{11}} = 0 \quad (16)$$

The analysis of DD laminates is more intricate, as they are unsymmetrical, resulting in  $[B] \neq 0$ . In the scenario of unsymmetrical laminates, it is essential to enforce a displacement restriction on one of the sides in the direction of the 'longest side' ( $y$ -direction). This restriction ensures that the longitudinal deformation in the  $y$ -direction is zero across the entire plate (Singh & Kumari, 2020). Another critical condition is that the

shear force ( $N_{xy}$ ) is zero. An approximation to achieve the true zero shear condition is to restrain (by clamping or providing simple support) the two long sides (Falkowicz, 2021).

Deflections and maximum bending moments of unsymmetric plates can be approximated by replacing the bending stiffness matrix with a reduced bending stiffness matrix (Whitney, 1987):

$$[D] = [D] - [B][A]^{-1}[B] \quad (17)$$

Moreover, this 'reduced' bending stiffness matrix allow us to use all equations developed for bending symmetric laminates with loss of generality (O'Donnell & Weaver, 2020).

The equations provided describe the transverse displacements ( $w$ ) for both QUAD and DD laminates under the cylindrical bending condition. One last crucial piece of information is that for the long plate condition to be satisfied for an orthotropic laminate, whether QUAD or DD, the following inequality must be true (Kollar & Springer, 2003):

$$\frac{L_y}{L_x} > \sqrt[4]{\frac{D_{11}}{D_{22}}} \quad (18)$$

where  $L_x$  and  $L_y$  are the plate length and width, respectively.

The numerical simulations were carried out using MATLAB 2023 and the finite element method using ANSYS 2023R1. The cases studied, with their respective mechanical properties, are listed in Table 1. The stacking sequences represent some of the cases listed in other studies (Tsai, 2021; Vermes et al., 2021b). The idea behind this study is to understand how the number of repetitions and fiber orientations can influence the laminate's overall response to bending loads.

**Table 1.** Stacking sequence and mechanical properties.

Case	QUAD	DOUBLE-DOUBLE			Plies
1	$[0/\pm 45/90]_8$	$[\pm 18/\pm 62]_2$	$[\pm 0/\pm 50]_2$	$[\pm 22.5/\pm 52.5]_2$	8
2	$[0_3/\pm 45_2/90]_8$	$[\pm 18/\pm 62]_4$	$[\pm 0/\pm 50]_4$	$[\pm 22.5/\pm 52.5]_4$	16
3	$[0/\pm 45/90]_{48}$	$[\pm 18/\pm 62]_8$	$[\pm 0/\pm 50]_8$	$[\pm 22.5/\pm 52.5]_8$	32
Mechanical properties for UD carbon fiber/epoxy composite $E_1 = 121.0$ GPa, $E_2 = E_3 = 8.60$ GPa, $G_{12} = G_{13} = 4.70$ GPa, $G_{23} = 3.1$ GPa, $\nu_{12} = \nu_{13} = 0.27$ , $\nu_{23} = 0.40$ Ply thickness = 0.125 mm					

## Results and discussion

This study is divided into two parts: the first part focuses on the analysis of the stiffness matrices (extensional, coupling, and bending), while the second part focuses on computational modeling of laminated plates under cylindrical bending conditions (Nimbolkar & Jain, 2015). For the DD configuration, the coupling problem is mitigated by repeating the sub-laminates, aiming to minimize the warping of the laminate (Vermes et al., 2021b). However, warping arises from the coupling between in-plane and out-of-plane deformations ( $B_{11} \neq 0$ ,  $B_{12} \neq 0$ , and  $B_{66} \neq 0$ ). It is worth mentioning that when  $B_{16} \neq 0$ , there is extension-torsion coupling. These couplings persist until the coupling stiffness matrix is identically equal to zero, i.e.,  $[B] = 0$  (Whitney, 1987).

Table 2 shows a comparative study between QUAD and DD considering the stiffness matrices. As anticipated, the coupling stiffness matrices,  $[B]$ , for symmetrical laminates are indeed zero refer to Table 2. It is worth noting that values of  $B_{ij}$  less than or equal to  $1.0 \times 10^{-8}$  were considered as null. For the DD laminates, under the CLPT, the coupling effect is still present. The argument put forth by Vermes et al. (2021a), suggesting that coupling/shrinkage is reduced with an increase in sub-laminate repetitions, is grounded on the premise that the stiffness matrices should be normalized by the Tsai modulus (Melo et al., 2017). This approach decreases the three stiffness matrices (extensional, coupling, and bending), minimizing out-of-plane deformations (warping). From the CLPT point of view, the analysis is different. The increase in repetitions has a direct effect on the extension-shear coupling, as  $A_{16}$  and  $A_{26}$  make it close to zero. Additionally, the bending-torsion coupling ( $D_{16}$  and  $D_{26}$ ) for DD laminates has been mitigated. These effects must be added to the increase in bending components, more specifically  $D_{11}$ ,  $D_{22}$ ,  $D_{12}$ , and  $D_{66}$ . For the cases studied, these values increased by one order of magnitude when the thickness doubled. At the same time, the in-plane and out-of-plane coupling components, i.e.,  $B_{11}$ ,  $B_{12}$ , and  $B_{66}$ , doubled the values when the thickness

doubled. Therefore, the minimization of the coupling effect, i.e.,  $[B] \neq 0$ , seems to result from a combination of all factors listed above. In summary, the increase in the bending matrix components occurs at a much higher rate than that of the coupling matrix, and a decrease in extension-shear and bending-torsion coupling is also observed. From the manufacturing point of view, the tapering technique proposed by Tsai (2021) and employed by Vescovini et al. (2024) has proven to be a good option for reinforcing panels. However, the differences between modeling and experimental results remain under investigation.

The final stage of this section involves analyzing the bending/out-of-plane displacement of laminated plates. For this purpose, a simply supported rectangular plate ( $L_x = 180$  mm and  $L_y = 900$  mm,  $L_y L_x^{-1} = 5.0$ ) was selected. The bending load applied is a uniform pressure of 1000 Pa for all cases, which serves as the lower bound for all scenarios. This bending uniform load is sufficient to cause a considerable out-of-plane displacement without inducing failure for the thinnest laminate (8 layers). The stacking sequences used in this analysis are outlined in Table 1.

By default, ANSYS ACP (the composite module) Workbench analysis for laminated composites can employ either solid or shell elements (Venkatesan et al., 2019). In this paper, the shell element was selected due to its greater computational efficiency. The present model consists of 1,729 nodes with a total of 10,374 degrees-of-freedom (Figure 1). The boundary conditions used were straightforward: the out-of-plane (typically the z-axis) displacements at all four edges were restricted, while all others were left free. To prevent rigid motion, two vertices were restricted—one in the x- and y-axes and the other in the y-axis only.

Table 2. Stiffness matrices for all cases.

Case	$A_{ij}$ [N m <sup>-1</sup> ] $\times 10^8$	$B_{ij}$ [N] $\times 10^4$	$D_{ij}$ [N.m]
QUAD [0/± 45/90] <sub>s</sub>	$\begin{bmatrix} 0.52 & 0.16 & 0.00 \\ 0.16 & 0.52 & 0.00 \\ 0.00 & 0.00 & 0.18 \end{bmatrix}$	$\begin{bmatrix} 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \end{bmatrix}$	$\begin{bmatrix} 7.17 & 1.10 & 0.44 \\ 1.10 & 1.88 & 0.44 \\ 0.44 & 0.44 & 1.30 \end{bmatrix}$
DD [± 18/± 62] <sub>2</sub>	$\begin{bmatrix} 0.58 & 0.16 & 0.00 \\ 0.16 & 0.43 & 0.00 \\ 0.00 & 0.00 & 0.19 \end{bmatrix}$	$\begin{bmatrix} -0.54 & 0.06 & -0.13 \\ 0.06 & 0.43 & -0.12 \\ -0.13 & -0.12 & 0.06 \end{bmatrix}$	$\begin{bmatrix} 4.17 & 1.09 & 0.11 \\ 1.09 & 3.18 & -0.12 \\ 0.11 & -0.12 & 1.48 \end{bmatrix}$
DD [± 0/± 50] <sub>2</sub>	$\begin{bmatrix} 0.76 & 0.15 & 0.00 \\ 0.15 & 0.29 & 0.00 \\ 0.00 & 0.00 & 0.18 \end{bmatrix}$	$\begin{bmatrix} -0.58 & 0.16 & -0.07 \\ 0.16 & 0.25 & -0.10 \\ -0.07 & -0.10 & 0.16 \end{bmatrix}$	$\begin{bmatrix} 5.52 & 1.12 & -0.08 \\ 1.12 & 2.21 & -0.07 \\ -0.08 & -0.07 & 1.29 \end{bmatrix}$
DD [± 22.5/± 52.5] <sub>2</sub>	$\begin{bmatrix} 0.53 & 0.18 & 0.00 \\ 0.18 & 0.45 & 0.00 \\ 0.00 & 0.00 & 0.21 \end{bmatrix}$	$\begin{bmatrix} -0.47 & 0.03 & -0.14 \\ 0.03 & 0.42 & -0.13 \\ -0.14 & -0.13 & 0.03 \end{bmatrix}$	$\begin{bmatrix} 3.84 & 1.25 & 0.11 \\ 1.25 & 3.25 & -0.12 \\ 0.11 & -0.12 & 1.65 \end{bmatrix}$
QUAD [0 <sub>3</sub> /± 45 <sub>2</sub> /90] <sub>s</sub>	$\begin{bmatrix} 1.32 & 0.31 & 0.00 \\ 0.31 & 0.72 & 0.00 \\ 0.00 & 0.00 & 0.36 \end{bmatrix}$	$\begin{bmatrix} 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \end{bmatrix}$	$\begin{bmatrix} 67.51 & 5.87 & 1.32 \\ 5.87 & 10.72 & 1.32 \\ 1.32 & 1.32 & 7.44 \end{bmatrix}$
DD [± 18/± 62] <sub>4</sub>	$\begin{bmatrix} 1.17 & 0.32 & 0.00 \\ 0.32 & 0.89 & 0.00 \\ 0.00 & 0.00 & 0.37 \end{bmatrix}$	$\begin{bmatrix} -1.08 & 0.11 & -0.25 \\ 0.11 & 0.85 & 0.24 \\ -0.25 & 0.24 & 0.11 \end{bmatrix}$	$\begin{bmatrix} 37.55 & 10.26 & 0.22 \\ 10.26 & 28.51 & -0.24 \\ 0.22 & -0.24 & 12.19 \end{bmatrix}$
DD [± 0/± 50] <sub>4</sub>	$\begin{bmatrix} 1.51 & 0.31 & 0.00 \\ 0.31 & 0.58 & 0.00 \\ 0.00 & 0.00 & 0.35 \end{bmatrix}$	$\begin{bmatrix} -1.15 & 0.32 & -0.14 \\ 0.32 & 0.50 & -0.20 \\ -0.14 & -0.20 & 0.32 \end{bmatrix}$	$\begin{bmatrix} 48.81 & 9.87 & -0.15 \\ 9.87 & 18.67 & -0.14 \\ -0.15 & -0.14 & 11.40 \end{bmatrix}$
DD [± 22.5/± 52.5] <sub>4</sub>	$\begin{bmatrix} 1.17 & 0.43 & 0.00 \\ 0.31 & 0.67 & 0.00 \\ 0.00 & 0.00 & 0.48 \end{bmatrix}$	$\begin{bmatrix} -0.82 & 0.14 & -0.34 \\ 0.14 & 0.54 & -0.25 \\ -0.34 & -0.25 & 0.14 \end{bmatrix}$	$\begin{bmatrix} 39.11 & 14.31 & 0.19 \\ 14.31 & 22.23 & -0.45 \\ 0.19 & -0.45 & 15.89 \end{bmatrix}$
QUAD [0/± 45/90] <sub>4s</sub>	$\begin{bmatrix} 2.07 & 0.63 & 0.00 \\ 0.63 & 2.07 & 0.00 \\ 0.00 & 0.00 & 0.72 \end{bmatrix}$	$\begin{bmatrix} 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \\ 0.00 & 0.00 & 0.00 \end{bmatrix}$	$\begin{bmatrix} 319.39 & 82.81 & 7.06 \\ 82.81 & 234.66 & 7.06 \\ 7.06 & 7.06 & 95.44 \end{bmatrix}$
DD [± 18/± 62] <sub>8</sub>	$\begin{bmatrix} 2.34 & 0.65 & 0.00 \\ 0.63 & 1.77 & 0.00 \\ 0.00 & 0.00 & 0.74 \end{bmatrix}$	$\begin{bmatrix} -2.16 & 0.22 & -0.50 \\ 0.22 & 1.70 & -0.49 \\ -0.50 & -0.49 & 0.23 \end{bmatrix}$	$\begin{bmatrix} 308.73 & 85.01 & 0.44 \\ 85.01 & 234.18 & -0.48 \\ 0.44 & -0.48 & 98.35 \end{bmatrix}$
DD [± 0/± 50] <sub>8</sub>	$\begin{bmatrix} 3.02 & 0.61 & 0.00 \\ 0.63 & 1.15 & 0.00 \\ 0.00 & 0.00 & 0.71 \end{bmatrix}$	$\begin{bmatrix} -2.30 & 0.65 & -0.29 \\ 0.65 & 1.01 & -0.41 \\ -0.29 & -0.41 & 0.65 \end{bmatrix}$	$\begin{bmatrix} 399.75 & 80.88 & -0.30 \\ 80.88 & 152.73 & -0.28 \\ -0.30 & -0.28 & 93.38 \end{bmatrix}$
DD [± 22.5/± 52.5] <sub>8</sub>	$\begin{bmatrix} 2.35 & 0.86 & 0.00 \\ 0.86 & 1.33 & 0.00 \\ 0.00 & 0.00 & 0.95 \end{bmatrix}$	$\begin{bmatrix} -1.65 & 0.29 & -0.67 \\ 0.29 & 1.08 & -0.50 \\ -0.67 & -0.50 & 0.29 \end{bmatrix}$	$\begin{bmatrix} 310.47 & 113.48 & 0.35 \\ 113.48 & 176.61 & -0.41 \\ 0.35 & -0.41 & 126.76 \end{bmatrix}$

To enable a comparison between the finite element analysis and the analytical solution, the condition for a long composite plate must be enforced. As described in (Equation 18), this condition depends on the bending stiffness components ( $D_{11}$  and  $D_{22}$ ). Another important consideration is the stress distribution through the thickness. The laminated plate stress analysis is based on the effective stress of the lamina (i.e., the sum of all plies) (Johri et al., 2022), enabling a fair comparison between different stacking sequences and thicknesses.

Table 3 summarizes the finite element results for all cases studied. As observed, as the number of repetitions increases, the DD performance improves. However, the angle selection appears to significantly impact the laminate plate bending performance. For thin (8 layers) and mid-thick (16 layers) laminates, the DD configuration for all three cases studied showed no improvement in either maximum out-of-plane displacement or effective stress when compared to the QUAD configuration. This phenomenon can be explained by the non-zero coupling stiffness matrix condition, which couples bending and extension, and the non-zero bending stiffness matrix components ( $D_{16}$  and  $D_{26}$ ), which are responsible for twist-bending coupling.

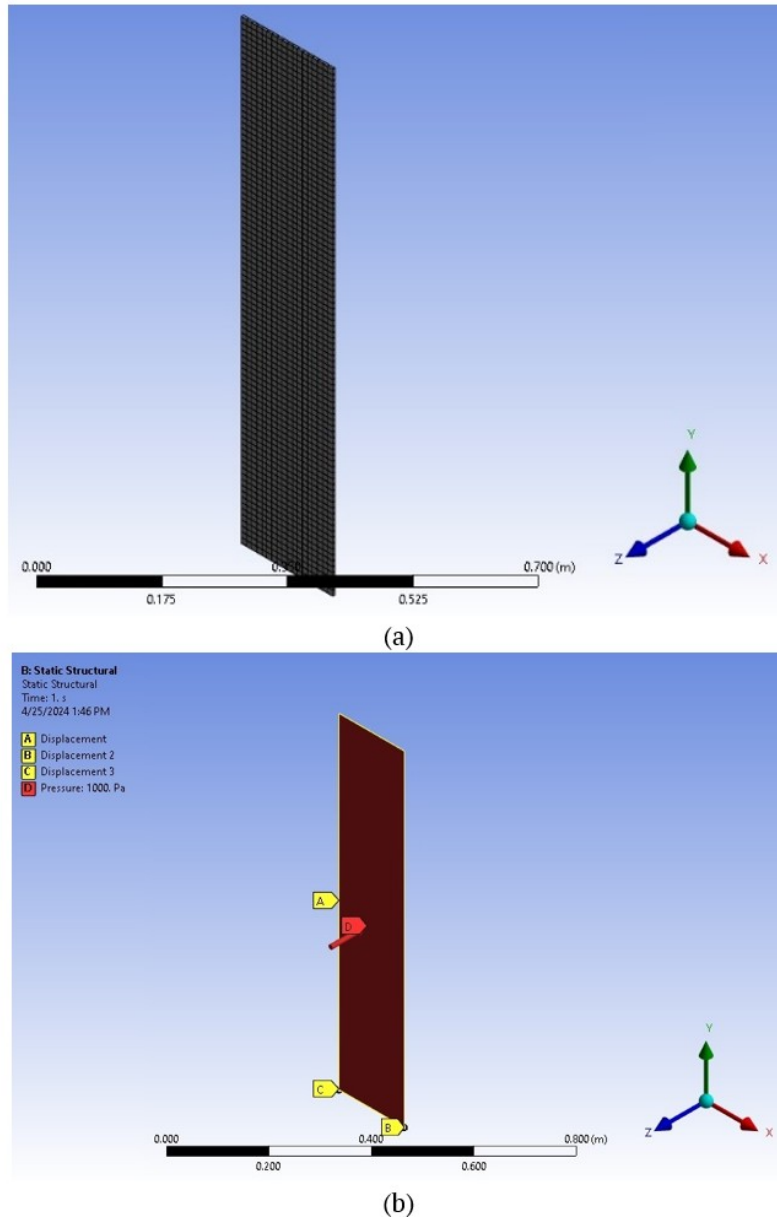


Figure 1. Finite element conditions. (a) Mesh; (b) Boundary conditions.

Table 3. Finite element results.

Case	Long plate condition [a.u]	Out-of-plane displacement [mm]		Equivalent stress [MPa]
		Analytical	Finite Element Method (FEM)	
QUAD [0°/±45°/90°] <sub>s</sub>	4.14	1.9058	1.8973	33.79
DD [±18°/±62°] <sub>2</sub>	3.21	3.2740	3.2311	39.27
DD [±0°/±50°] <sub>2</sub>	3.77	2.4746	2.4372	35.14

DD [±22.5°/±52.5°] <sub>2</sub>	3.44	3.1916	3.1152	36.46
QUAD [0°/±45°/90°] <sub>8</sub>	4.75	0.2025	0.2022	7.18
DD [±18°/±62°] <sub>4</sub>	3.21	0.3640	0.3614	10.21
DD [±0°/±50°] <sub>4</sub>	3.81	0.2800	0.2783	8.97
DD [±22.5°/±52.5°] <sub>4</sub>	3.45	0.3607	0.3553	9.56
QUAD [0°/±45°/90°] <sub>48</sub>	3.24	0.0427	0.0428	3.03
DD [±18°/±62°] <sub>8</sub>	3.21	0.0443	0.0442	2.66
DD [±0°/±50°] <sub>8</sub>	3.81	0.0341	0.0343	2.31
DD [±22.5°/±52.5°] <sub>8</sub>	3.45	0.0440	0.0437	2.49

For thick laminates (32 layers), a different scenario was observed. The effective stress for all three cases of DD configurations was on average 17.9% lower than the corresponding QUAD configuration. This can be partly explained by the QUAD configuration selected. The spatial distribution of 0°, ± 45°, and 90° layers through the thickness led to an increase in shear stress, thereby increasing the effective stress. The angular ply orientation for the DD configuration directly affected its bending stiffness and, consequently, the out-of-plane displacement.

Two DD configurations, namely [± 18.0/± 62.0]<sub>8</sub> and [± 22.5/± 52.5]<sub>8</sub>, exhibited an increase in peak out-of-plane displacement of around 3.0%. The reason for such behavior is the decrease in the bending stiffness component D<sub>11</sub>. The [± 0.0/ ± 50.0]<sub>8</sub> configuration showed the best performance regarding both effective stress and maximum out-of-plane displacement. This can be attributed to two factors: a large D<sub>11</sub> and near-zero D<sub>16</sub> and D<sub>26</sub> components. Among all configurations tested, the DD [± 0.0/± 50.0]<sub>8</sub> configuration demonstrated the best performance for bending in thick composites, while for thin and mid-thick laminated composites, the QUAD configurations outperformed the equivalent DD stacking sequences. In conclusion, the overall performance of DD stacking sequences improves as the number of repetitions increases. Figure 2 illustrates the out-of-plane displacement distribution.

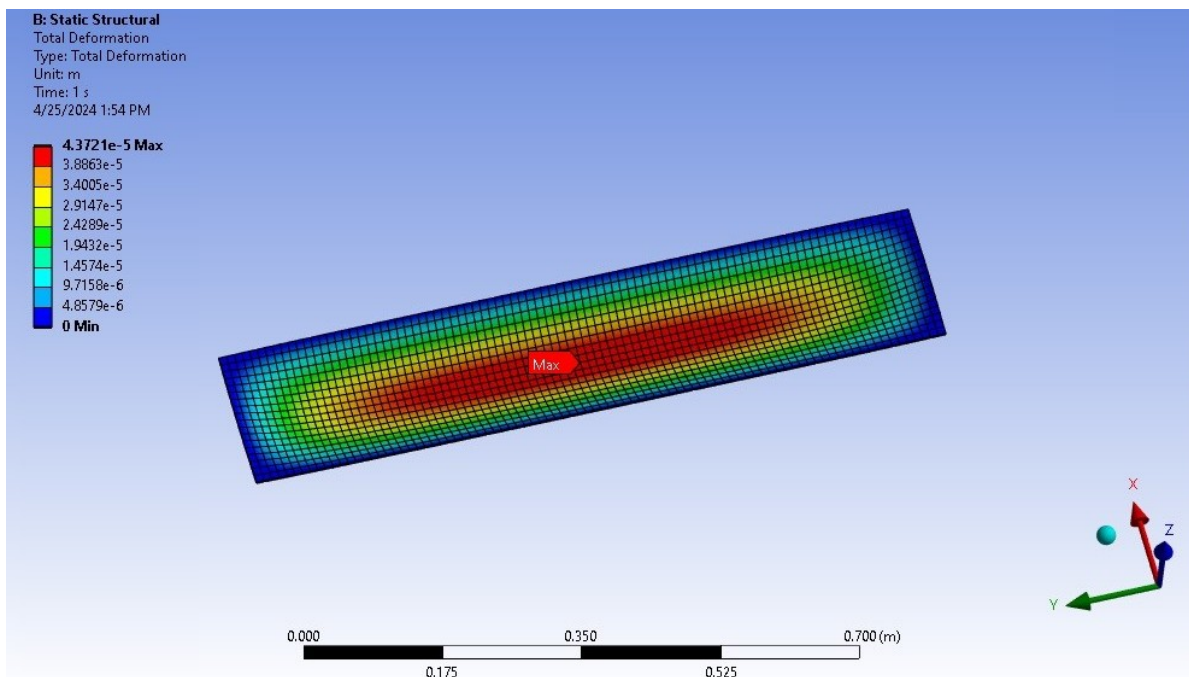


Figure 2. FEM results. Out-of-plane displacement distribution in meters.

## Conclusion

A comparative study between two major groups of laminated composites stacking sequences, QUAD and the recent DOUBLE-DOUBLE, was performed. From the stiffness matrix point of view and under the Classical Laminate Theory, increasing the repetitions of the 4-layer sub-laminates  $[\pm\Phi/\pm\psi]$  leads to an increase in bending stiffness at a much higher rate than the increase in coupling stiffness. At same time, it promotes a decrease in extension-bending ( $A_{16}$ ,  $A_{26}$ ) and bending-torsion ( $D_{16}$ ,  $D_{26}$ ) components.

The bending behavior of laminated plates using these two stacking sequences was investigated by the finite element method. The simulations, however, indicate that as the number of repetitions increases from two to eight, the out-of-plane displacement decreases when compared against the corresponding QUAD, making the DD configuration a good option. Angle selection also plays an important role in the overall bending behavior, as it affects three major components of the bending stiffness matrix:  $D_{11}$ ,  $D_{16}$ , and  $D_{26}$ .

The best DD configuration for bending problems is  $[\pm 0/\pm 50]_8$ . The angle combination for the  $[\pm 0/\pm 50]$  sub-laminate led to a high value of  $D_{11}$  and near-zero  $D_{16}$  and  $D_{26}$ , a combination that brings an increase in bending stiffness and a near-zero twist-bending coupling. The DD configurations seem to be a valuable option for bending applications in thick composites.

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