1St INTERNATIONAL SYMPOSIUM of DOHaD and Pandemic: LESSONS FROM COVID-19

10, 11, 12 of May 2023 Maringá - PR / Brazil State University of Maringá

## 1º SIMPÓSIO INTERNACIONAL de DOHaD e Pandemia: LICÕES DO COVID-19

10, 11 e 12 de Maio 2023 Maringá - PR / Brasil Universidade Estadual de Maringá 1º SIMPOSIO INTERNACIONAL de DOHaD y Pandemia: LECCIONES DEL COVID-19

10, 11 y 12 de Mayo 2023 Maringá - PR / Brasil Universidad Estadual de Maringá

## LOW PROTEIN DIET DURING PERIPUBERTAL PHASE PROGRAMS TO CARDIOVASCULAR DYSFUNCTION IN ADULT RATS

Anna Rebeka Oliveira Ferreira<sup>1</sup>, Maiara Vanusa Guedes Ribeiro, Guilherme Bernado Cornelio Coelho, Silvano Piovan, Gabriel Kian Guimarães Lopes, Leticia Ferreira Barbosa, Paulo Cezar de Freitas Mathias, Kesia Palma-Rigo

<sup>1</sup>anna.rebeka108@gmail.com, PBC/UEM, 0000-0001-5147-5856

Perinatal malnutrition has a devastation effect later in life. This study evaluated whether protein restriction in adolescent rats programs hypertension regarding cardiac dysfunction. CEUA approved the experimental protocol under n° 3353060421. 30-day-old Wistar male rats were fed a low protein diet (4%) for the next thirty days and subsequently fed a 20.5% normal protein diet for the next 60-days with normal diet (LP group). Control rats (NP group) were fed a normal protein diet throughout life. Cardiovascular system function was evaluated with 120-days-old. Statistical analyses were performed with T-Student test. LP animals displayed an inferior body mass and nose-tail length (P=0.0001; P=0.01) and also rising retroperitoneal fat (P=0.03). LP rats exhibited a higher in mean arterial blood pressure (p=0.05). In the echocardiogram, LP group showed an increased in the diameter (p=0.01, p=0.02), interventricular septum (p=0.040 e p=0.03) and the in posterior wall (p=0.01 e p=0.03) of the left ventricle in diastole and systole respectively. Protein restriction in peripubertal period leads to hypertension in adulthood, sustained by greater cardiac dysfunction.

**Keywords**: Protein Restriction, Hypertension, Cardiovascular System

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